



RECREATION DEPARTMENT

*The Heart of the Neighborhood*



**Programming for individuals with  
developmental disabilities**

Volume 4 Issue 17

## "Spring fling" Dance

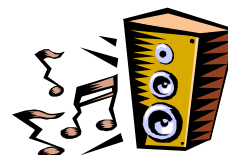
**When: Saturday, May 13, 2006**

**Where: Norman Park Center  
270 'F' Street  
Chula Vista**

**Time: 7:00 P.M. - 9:00 P.M.**



<b>Members:</b>	<b>FREE!!!</b>
<b>Resident:</b>	<b>\$5.00</b>
<b>Non-resident:</b>	<b>\$6.00</b>



**Join us for a night of fun & dancing!!**

**Refreshments & Prizes will be given during the night!!**

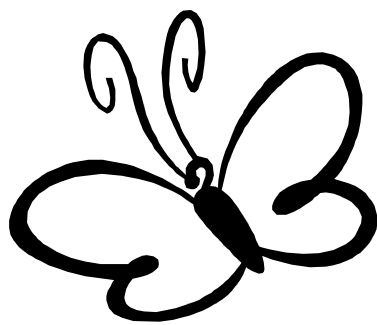
**May / June  
2006**



# Saturday Morning Recreation

**Parkway Community Center**  
**373 Park Way**  
**9:00 A.M. - Noon**

The Saturday morning drop-in recreation program is **free** to children, teenagers, and adults with developmental disabilities. Activities include: Arts & Crafts, Music, Socials & Special Events.





**MAY 6** – Cinco De Mayo Fiesta

**MAY 20** – Celebrate Mother’s Day

**JUNE 10** – Celebrate Father’s Day

**JUNE 24** – Summer Kick Off



**Parkway Community Center**  
**373 Park Way**  
**Saturdays, May 20 & June 24**  
**12:00 P.M. - 1:00 P.M.**

Learn hands-on cooking basics while preparing food to enjoy. Nutrition education and clean up skills are also included in this program. Registration is required .  
**Class size is limited.**  
**Call (619) 409-5800 To Register.**

<b>Members:</b>	<b>\$2.00</b>
<b>Resident:</b>	<b>\$4.00</b>
<b>Non-resident:</b>	<b>\$5.00</b>



## Chula Vista Woman’s Club


### Thursday Nights

**357 ‘G’ Street**



**MAY 11** – MUSIC & MOVEMENT

**MAY 18** – SPRING TRAINING  
Whiffleball in the Park



**JUNE 8** – GAMES GALORE

**JUNE 15** – ICE CREAM WALK TO 3RD AVE.  
BRING: \$5.00

**Brunswick Premier Lanes**  
**845 Lazo Court, Chula Vista**  
**Sundays, June 25 - August 27**  
**3:30 P.M. - 5:30 P.M.**



To help staff prepare and arrange for the proper amount of bowling lanes, call to let us know if you plan to attend this session.  
**(619) 409-5800**

Leisure bowling is designed for active children, teenagers, and adults with developmental or physical disabilities. Join us for a new session of bowling fun! Awards & dinner are presented on the last day of the session.

**MEMBERS:** \$22.00 registration + \$6.00 weekly bowling fees  
**RESIDENT:** \$25.00 registration + \$6.00 weekly bowling fees

**NOTE: Bowling fees must be paid in cash.**

## Leisure Bowling

**Chula Vista Woman's Club**  
**357 'G' Street, Chula Vista**  
***New Session*— Wednesdays, May 3 — June 21**  
**6:00 P.M. — 7:00 P.M.**

Learn basic hip-hop steps, line dances & movements to your favorite tunes. It's a fun way to exercise and learn new dance steps designed for individuals 6 and up with developmental disabilities.

***Pre-registration is highly recommended!***

**COST:**  
***Members:* \$20.00**  
***Resident:* \$24.00**  
***Non-resident:* \$30.00**



## Camp Sunrise - Summer Session

**Loma Verde Recreation Center**  
**1420 Loma Lane, Chula Vista**  
**August 21 — August 25**  
**9:00 A.M.— 2:00 P.M.**  
**REGISTER NOW!!**  
**Deadline: August 7**



A day camp for children, teens and adults ages 6-adult with developmental disabilities and 6-16 years old with physical disabilities. The camp will include sports & games, arts & crafts, creative drama, music, recreational swimming and a field trip.

**COST:**  
***Resident:* \$125.00**  
***Non-resident:* \$156.25**

Camp is vendorized through San Diego Regional Center. Speak to your child's Social Worker to utilize Respite Care Money to pay for camp.

**SPECIAL THANK YOU TO THE FOLLOWING:**

**Community Access Program**

The Community Access Program (CAP) is a recreational project designed to provide social/leisure opportunities for individuals who need specialized accommodations in order to participate. CAP partners with the Chula Vista Recreation Department once a month and provides door-to-door wheelchair accessible transportation and one-to-one supervision for selected Therapeutic activities ~ at no charge.

For details call: the CAP office:  
**(619) 267-7054**

**Inclusion Philosophy**

The City of Chula Vista Recreation Department is dedicated to serving the needs of the community through inclusive programming. Persons with special needs are encouraged to participate in Department programs. 2 week notice required for assistance.  
Contact Recreation Supervisor, Carmel Wilson, C.T.R.S.  
at (619) 409-5800.

<b>Von's Grocery</b> Travis Stratton 505 Telegraph Canyon Rd. Chula Vista, CA 91911	6333 Greenwich Dr., Suite 170 San Diego, CA 92122 (858) 597-7070
<b>NICE GUYS OF SAN DIEGO</b> P.O. Box 881456 San Diego, CA 92168	<b>Food-4-Less</b> Kye Downey 660 Palomar St. Chula Vista, CA 91911
<b>Blackie's Trophies &amp; Awards</b> Mr. Bill Black 263 3rd Ave. Chula Vista, CA 91910 (619) 585-4830	<b>Pizza Junction</b> Andy Gorman 226 Broadway Chula Vista, CA 91910 (619) 585-1000
<b>North Island Credit Union</b> Mrs. Susan Skillman 45 North Broadway Chula Vista, CA 91910 (619) 656-7274	
<b>Athletes Helping Athletes</b> Fiona 5549 Copley Drive San Diego, CA 92111	
<b>DPR - Construction, Inc.</b> Mr. Eric Cusik	



**CITY OF  
CHULA VISTA**  
Recreation Department  
Therapeutics Section  
3554 Main Street  
Chula Vista, CA 91911  
Phone: (619) 409-5800  
[www.chulavistaca.gov/rec](http://www.chulavistaca.gov/rec)